

FOODIES BYSTRO --- 775-720-8011 449 W. King Street, Carson City NV 89703

(Inside the Carson Brewery building on the S/W corner of King and Division Streets)

Please note: Menu items & Specials may contain milk, eggs, fish, Crustacean shellfish, tree nuts, peanuts, wheat, spices, herbs and soybeans. If you have food allergies please ask before ordering, thank you.

FOODIES BYSTRO LUNCH MENU

Financially support the BAC!

A PERCENTAGE OF ALL SALES GOES TO THE SUPPORT OF THE BAC!

Foodies buys fresh ingredients locally, served fresh daily!

WE SERVE FRENCH PRESS COFFEE, SOFT DRINKS, WINE AND BEER DAILY

OPEN FOR LUNCH TUESDAY THRU SATURDAY 10AM-3PM

WE SERVE DINNER THURSDAY, FRIDAY AND SATURDAY TILL 8PM

FOODIES LUNCH SPECIALTIES

*GLUTEN FREE MENU ITEMS

(Curries will vary from different Indian regions and use exotic spices, please ask.)

EXOTIC SPICED CHICKEN CURRY OVER BASMATI RICE*	10
SHRIMP IN A EXOTIC SPICED CURRY OVER BASMATI RICE*	11
GARBONZO BEAN IN A EXOTIC SPICED CURRY OVER BASMATI RICE* ①	9
BLACK EYE PEAS IN A EXOTIC SPICED CURRY OVER BASMATI RICE* ①	9
ADD EXOTIC SPICED VEGGIES* ①	2
ADD INDIAN Flat BREAD	3

FOODIES SPECIALTY SANDWICHES SERVED WITH SIDE & PICKLE

ROASTED EGGPLANT PANINI: Eggplant roasted, onions, tomato, bell pepper and a green spicy chutney made with peanuts on a Panini roll. ①	9.5
TRI-TIP SANDWICH: Thinly sliced steak, cheese, caramelized onions, horse radish mayo on a toasted roll.	9.5
SANTA FE GRILLED CHICKEN BREAST PANINI: Chicken, bacon, cheese, pickled onion, tomato, mixed greens, chipotle mayo, on a Panini roll.	9.5
TURKEY PANINI CALIFORNIA CLUB: Turkey breast, bacon, cheese, avocado, tomato, onion & a bit of mayo on a Panini roll.	9.5
TRI-TIP PANINI: Thinly sliced steak, cheese, pickled onion, Tomato, mixed greens jalapeno cilantro mayo on a Panini roll.	9.5
GARDEN PANINI: Humus, mixed greens, pickled onion, tomato, bell pepper, cucumber, avocado on a Panini roll. ①	8.5
	Add cheese 9.5
GARLIC SHRIMP PANINI: Garlic sautéed shrimp, pickled onion, tomato, mixed greens, cheese, jalapeno cilantro mayo and avocado spread on a Panini roll.	10.5

FEBRUARY 11, 2014

Daily Specials, Menu items and prices subject to change, Carson County Tax will be added to all sales.

WE PROVIDE FRENCH PRESS COFFEE SERVICE, WINE AND BEER DAILY

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FOODIES BLAT: Bacon, avocado, lettuce, tomato and a bit of mayo.	8
CALIFORNIA TURKEY CLUB SANDWICH: Turkey, bacon, avocado, cheese, tomato, mixed greens & a bit of mayo.	9
FOODIES VEGGIE SANDWICH: Hummus, avocado, bell pepper, tomato, mixed greens, cheese, cucumber & red onion.	8
GARDEN VEGGIE TORTILLA WRAP OR SANDWICH: Hummus, avocado, bell pepper, tomato, mixed greens, cucumber & red onion. ①	8
FOODIES SPECIAL SALAD*: Romaine lettuce, grape tomatoes, cucumber, avocado, red onion, pine nuts, feta cheese, dried cranberries, bell pepper.	8
FOODIES SPECIAL VEGAN SALAD*: Romaine lettuce, cucumber, avocado, red bell pepper, red onion, pine nuts, cranberries & grape tomatoes. ①	8
½ FOODIES SPECIAL or SPECIAL VEGAN SALAD*: Same ingredients as above.	5
FOODIES CAESAR SALAD*: Romaine lettuce, aged parmesan cheese, croutons & Caesar dressing.	8
ADD FRESH GRILLED SUCCULENT CHICKEN BREAST*	3
FOODIES "ALL MEAT" 12+ Pepper CHILI BOWL*: Topped with cheese & onion.	7
FOODIES SPECIAL HUMUS*: Served with warm pita bread & veggies. ①	9

Foodies Specialties are served pending availability and/or with substitutions.

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FOODIES BYSTRO LUNCH MENU

VEGAN

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FOODIES LUNCH SPECIALTIES

*GLUTEN FREE MENU ITEMS

(Curries will vary from different Indian regions and use exotic spices, please ask.)

YELLOW DAL, EXOTIC SPICED VEGGIES, BASMATI RICE & FLAT BREAD	15
GARBONZO BEAN IN A EXOTIC SPICED CURRY OVER BASMATI RICE* ①	9
BLACK EYE PEAS IN A EXOTIC SPICED CURRY OVER BASMATI RICE* ①	9
ADD EXOTIC SPICED VEGGIES* ①	2
ADD INDIAN Flat BREAD	3

FOODIES SPECIALTY VEGAN SANDWICHES SERVED WITH SIDE & PICKLE

ROASTED EGGPLANT PANINI: Eggplant roasted, onions, tomato, bell pepper and a green spicy chutney made with peanuts on a Panini roll. ①	9.5
GARDEN PANINI: Foodies humus, mixed greens, pickled onion, tomato, bell pepper, cucumber, avocado on a Panini roll. ①	8.5
GARDEN VEGGIE TORTILLA WRAP OR SANDWICH: Foodies Hummus, avocado, bell pepper, tomato, mixed greens, cucumber & red onion. ①	8
FOODIES SPECIAL VEGAN SALAD*: Romaine lettuce, grape tomatoes, cucumber, avocado, red onion, pine nuts, dried cranberries & bell pepper. ①	8
½ SPECIAL VEGAN SALAD*: Same ingredients as above.	5
FOODIES SPECIAL HUMUS*: Served with warm pita bread & veggies. ①	9
FOODIES SPECIAL HUMMUS TO GO*:	
	small 4
	Large 7

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FEBRUARY 21, 2014

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